



# WEEKLY PLANNER

MONTH \_\_\_\_\_ WEEK \_\_\_\_\_

	SCRIPTURE READING	KEY VERSE	PRAYER FOCUS	EXERCISE
MON	PSALM 23	PSALM 23:1	GRATITUDE	PRAYER JOURNAL
TUE	PROVERBS 3:5-6	PROVERBS 3:5-6	GUIDANCE	PRAYER WALK
WED	MATTHEW 6:25-34	MATTHEW 6:34	WORRY AND ANXIETY	SCRIPTURE PRAYER
THU	ISAIAH 40:28-31	ISAIAH 40:31	STRENGTH AND ENDURANCE	PRAYER JOURNAL
FRI	PHILIPPIANS 4:4-9	PHILIPPIANS 4:6-7	PEACE AND CONTENTMENT	PRAYER WALK
SAT	ROMANS 8:28-39	ROMANS 8:28	GOD'S LOVE AND ASSURANCE	SCRIPTURE PRAYER
SUN	EPHESIANS 6:10-18	EPHESIANS 6:11	SPIRITUAL ARMOR AND PROTECTION	PRAYER JOURNAL

